

(Approx 10K multi-terrain Race)

SATURDAY 13th AUGUST 2005

Held under UK Athletics Rules, SEAA Permit No 5264. Race limit 250.

Start 7.00pm at Maiden Newton Youth Centre Minimum age limit 17 years.

Event sponsored by



www.altro.co.uk

This event is being held to celebrate the club's twentieth anniversary. The all-new race will be run on a figure of eight multi-terrain route, on quiet country lanes, tracks and footpaths (not traffic free). Taking you through some of Dorset's beautiful undulating countryside, not suitable for wheelchairs.

Memento of event (limited to first hundred entrants) + Prizes for various categories FEES AFFILIATED CLUB RUNNERS £4.00 (£5.00 on day)

NON–AFFILIATED £5.00 (£6.00 on day)

Numbers to be collected on the day. No refunds will be given.

For more information Email phil-england@supanet.com

Entry details

First Name	Surname
Address	
	Postcode
Phone no	e-mail
Male/Female	Date of birth// Age(min 17)
Affiliated Clu	b

Please send completed form, fee & SAE to:-Phil England, West View, Cattistock, nr Dorchester, Dorset DT2 0JB.

I enclose Cheque for £ _ _ _ Payable to Maiden Newton runners. Entries on the day if limit not reached

Disclaimer: I agree to abide by the rules of the race laid down by UK Athletics and by the organisers. I will only compete if in good health and I understand that I enter at my own risk and that the organisers will not be liable for any injury, illness or loss of property as a result of my taking part in this event.

Signature